2024 ANNUAL JOURNAL

LONG #ISLAND Crisis Center

Honoring 2024's Person of the Year



Any Problem, AnyTime, Anyone! 24/7 Hotline: (516) 679-1111 Chat Live: www.chatlive.li Long Island Crisis Center's Board of Directors would like to recognize and honor the Michael Diamond Foundation on receiving the 2024 "Person of the Year" Award! We thank you for your tremendous support of LICC over the years and for your partnership in carrying out our mission in the community.

The Board of Directors also thanks all of the staff and volunteers at LICC/PFY for another successful year!

> Congratulations again to the Michael Diamond Foundation for this well-deserved award!



With Gratitude and Respect, LICC Board of Directors

Lisa A. Veglia, LCSW, MPA Rick Allen Wilson Norman Kay Danielle, Barretta Scott Banks, Esq. Robert Flower Rona Freiser Gina McLaughlin Gregory Page-Romer Hernan Poza III, CSW Quinn Anthony Regula, LMHC Patrice Reives-Bright, MD Dear Friends of Long Island Crisis Center,

2023 was a year of continued growth for Long Island Crisis Center (LICC). The 988 Lifeline, which LICC answers for Nassau County, is a three-digit number that serves as a direct connection to caring support for anyone in mental health distress. This program expanded its services in 2023 by adding follow-up calls as a service to callers. In addition to answering the 988 Lifeline and offering referrals and linkages to ongoing help 24/7, counselors offer follow-up calls to ensure that callers are successful in connecting with the resources they need. We now have over fifty 988 staff and continue to train more counselors each year to keep up with the increasing requests for help. Answering over 9,000 calls on the 988 Lifeline in 2023, Long Island Crisis Center continues to play a crucial role in New York State's efforts to improve the continuum of mental health care.

LICC's Building Healthy Lives Through Education program also continues to expand and adapt to meet the needs of Long Island students. The effects of COVID are still being felt by students both academically and emotionally. Presenting to over 16,000 students and school personnel, LICC's Community Education staff addressed the unique emerging mental health problems and emotional issues that threaten young people today. Teaching healthy coping skills and information about resources are part of each workshop.

PFY grew a great deal in the past year and now provides a multitude of services to LGBTQ+ individuals of all ages throughout Nassau, Suffolk, and Queens Counties.

The work LICC does is made possible by your support, your philanthropy and your belief that by working together we can have a positive impact on the lives of those in any type of crisis. We look forward to continuing to provide our many services to Long Islanders at critical times in their lives.

Thank you all for being our life-saving partners.

Sincerely,

Theresa Bahse

Theresa Buhse Executive Director

Lisa Veglia President, Board of Directors

LONG**#**ISLAND

Crisis Center

It's OK to ask for help.

Our Mission

Long Island Crisis Center provides 24/7, free, high quality, confidential and non-judgmental programs and services to support and empower Long Islanders at critical times in their lives

₩ Our History

What began in 1971 as a single hotline for college students in crisis has developed into a cadre of programs and services, using evidence-based practices to meet the everchanging needs of the community.

Our Values

-Timeliness -Respect -Transparency

-Empowerment -Innovation -Integrity



24/7 Hotlines and Crisis Chat

Eight hotlines, including the 988 Lifeline, answered 24/7, 365 days a year. Counselors provide crisis intervention, suicide prevention, supportive counseling, and referrals for resources.

Community Education

Building Health Lives Through Education is our community education program that delivers on-site workshops, addressing the needs of students and school professionals. Topics offered include Suicide Prevention, Cyberbullying, Understanding Sexual Orientation and Gender, among others.

PFY

PFY provides programs and services for LGBTQ+ individuals including counseling, social groups, sexual health services, genderaffirming support, and case management.

The H-Line (NYS HIV Hotline)

The H-Line provides HIV, STI, and Hepatitis C education, riskreduction information. and referrals.

Community Impact in 2023

23,860





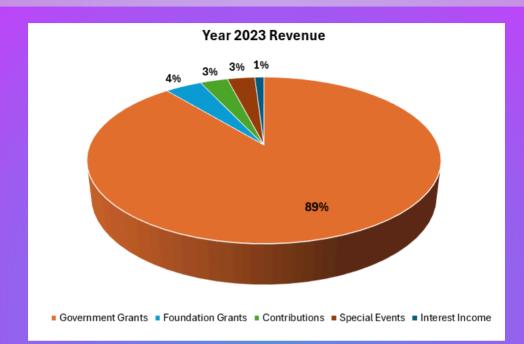
our Work Matters

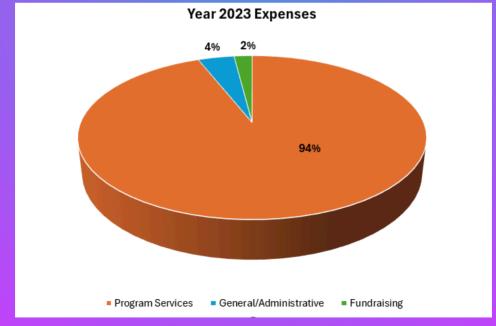
Business Line: 516.826.0244 24/7 Hotline: 516-679-1111

Chat Live: www.chatlive.li On-line counseling accessible from any device

- Yearly, about 1 in 5 adults experience a mental health concern.
- Suicide remains the second leading cause of death amongst young people.
- LGBTQ+ youth are at higher risk for suicidal ideation and mental health challenges.
- COVID will have an effect on the community's overall mental health for vears to come.

2023 Revenue & Expenses





LICC Financial Statements prepared by Nawrocki Smith LLP

2024 Lerson of the Mean



When the community of Long Beach lost former police officer and volunteer firefighter, Mike Diamond, in October 2018, we lost a true hero and pillar of society. Mike's friends and family wanted to honor his legacy and giving nature, and so they created the Michael Diamond Charitable Foundation, now managed and run by a team of talented and selfless volunteers.



Michael Diamond 1958-2018

In just a few years, the foundation has

raised well over \$100,000 in Mike's name through sponsorships and their annual golf outing and dinner fundraiser. The foundation focuses on three primary pillars of community support - suicide prevention, veterans' causes, and local scholarships for students and athletes in need.

The foundation also tries to address community needs as they arise, such as providing hot meals to hospital staff and first responders during the height of the Covid pandemic. They also give annual donations to families in need at Thanksgiving through Long Beach High School, as well as significant contributions to the Long Beach



LICC accepts a generous donation from the Michael Diamond Charitable Foundation.

Soup Kitchen, Long Beach Christmas Angels, Toys for Tots, and many other endeavors.

One of those endeavors is Long Island Crisis Center. The foundation's incredible generosity and recognition of LICC's lifesaving work has truly gone a long way in allowing the agency to carry out its mission.

THANK YOU TO OUR INCREDIBLE



Volunteers: (I to r) Francine, Jean, Vee, Francesca, and Farrah



Clinical Director, Christine Cione; Operations Manager, Susan Slagg; Volunteers Char, Jean, and Barbara



Susan Slagg with Volunteer, Sylvia



Volunteers: (I to r) Dani, Ruth, Francine, Jay, and April



Volunteer, Ruth; Assistant Director, Katie Stoll; Christine Cione; and Volunteer, Eddie



Executive Director, Theresa Buhse, with Volunteers, Tina and Rick





WANT TO MAKE A DIFFERENCE? BECOME A HOTLINE CRISIS COUNSELOR! NO EXPERIENCE NEEDED. FULL TRAINING PROVIDED. ALL YOU NEED IS THE DESIRE TO HELP AND TIME TO GIVE.

> LEARN MORE AT longislandcrisiscenter.org Must Be at Least 18 Years Old to Apply



OUR MISSION

Our mission is to enhance the health and wellness of the LGBTQ+ community through education, supportive services and personal development serving Nassau, Suffolk and Queens Counties.

PFY'S IMPACT

31 Years of Serving and Advocating fo Long Island's LGBTQ+ Community

35 Vital Programs & Services Offered

16,493 Services Provided Across All Programs



creating **success** through pride A Division of Long Island Crisis Center

> NASSAU OFFICE: 2050 Bellmore Avenue Bellmore NY 11710 (516)679-9000

SUFFOLK OFFICE: 628 Long Island Avenue Deer Park NY 11729 (631)940-1964

PROGRAMS & SERVICES 🗸 🗸			
		SEXUAL HEALTH SERVICES	
S		GENDER-AFFIRMING SERVICES	
	ŝâ	INDIVIDUAL & FAMILY COUNSELING	
		CASE MANAGEMENT	
or		SOCIAL MEETUPS & EVENTS	
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FDIC

As your partner in the community, Fidelis Care is proud to support the

Long Island Crisis Center's 16th Annual "Let's Walk, Let's Talk...Stepping Together to Prevent Suicide" Walk and Fundraiser

Thank you for your commitment to providing compassionate support to Long Islanders.

Best wishes for a successful event from your friends at Fidelis Care.

 TRANSFORMING THE HEALTH OF THE COMMUNITY, one person at a time.



1-888-FIDELIS (1-888-343-3547) ● TTY: 711 ♥ ◎ ► fideliscare.org @fideliscare

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We Are So Grateful for All the Work that LICC Does to Support Our Community.



The 15th Annual P.S. I Love You Day will be held February 14th, 2025. We encourage you to wear purple and spread love throughout your community.



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Northwell is dedicated to strengthening our communities

As part of Northwell, South Oaks Hospital and Zucker Hillside Hospital proudly support the **Long Island Crisis Center** and their Let's Walk, Let's Talk: Stepping Together to Prevent Suicide event. Together, we can make a difference — and save lives.

> **Michael Scarpelli** Executive Director South Oaks Hospital Zucker Hillside Hospital

Arber Kokoneshi Deputy Executive Director South Oaks Hospital Zucker Hillside Hospital



Do not go where the path may lead. Go instead where there is no path and leave a trail.

-Emerson

My gratitude To all those who have contributed,

-Norman

For your incredible work In a world that's challenged. Your spirit and influence remain vital.

Thank you to LICC, And to my brother Norman. ~Lorrie & Richard

MB

MICHAEL BERUBE FOUNDATION

SUNSET COLOR RUN WERN TOWARDS HOPE 988 IT'S NOT TOO LATE SOLO THE DOLD 5/31/25

HELP IS always in need.

We are pleased to support Long Island Crisis Center, Inc.

Every day, you help make our community a better place to live. We do our best to support you, your organization and the people you serve. We're always proud to help our neighbors.

Tricia Komarnicki Business Managing Director 1149 Wantagh Avenue, Wantagh, NY 11754 3887 Merrick Road, Seaford, NY 11756 3105 Hempstead Turnpike, Levittown, NY 11756 tkomarnicki@websterbank.com 516.406.3143

WebsterBank[.]

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Serving the Community Since 1944

Keep it Going, Norman!

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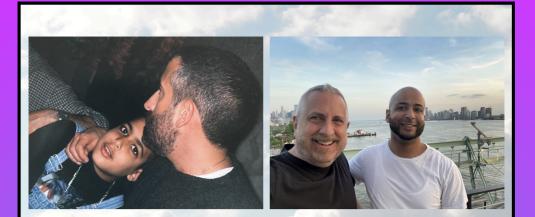
-Steve & Wendi

The Q Scores Company 150 Main Street Port Washington, NY 11050

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Thank You for All You Do, LICC Staff & Volunteers -Erik Wind

Done Right Technology



Emmanuel March 1990 - May 2024



Thank You to All of the Staff and Volunteers at LICC & PFY for Your Ongoing Dedication and Lifesaving Work.

I Miss You All!

Love, Linda AKA "The Big Cheese"

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> The Owners are Paul Carmichael Matthew J. Phillips and Joseph Cibirka.

We are proud to support the good work of Long Island Crisis Center.



MORE THAN JUST A RIDE!



www.deluxtransportation.com reservations@deluxtransportation.com Thank you to Norman Kay For your commitment to Long Island Crisis Center.

~Mady Caslow

In Loving Memory of Alan Kestenbaum Carol Kestenbaum

Sidney Katz

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Thank you to Norman Kay and the LICC team for all you do.

> ~Susan and Fred Krawchick

BEST WISHES

From Daniel Properties, LLC Lauren Properties, LLC MJLD Realty, LLC

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PAULA SHIELDS, D.V.M. ERIC MORRIS, D.V.M.



Thank You, LICC Thank You, Norman Kay -Cheryl Walder & Family

Always Happy to Support Such an Important Organization! -Leslie Kay Bach

Thank You to LICC and Norman Kay for All You Do! -Susan & Harry Meltzer

Thank You to Norman Kay. -Ben Sands Public Parking, Inc.

The Reverend Diane L. Neuls

Leonard Licata

LONG **#ISLAND** Crisis Center It's OK to ask for help.

THANK YOU FOR SUPPORTING OUR MISSION

Any Problem, AnyTime, Anyone! 24/7 Hotline: (516) 679-1111 Chat Live: www.chatlive.li